

DOMSPAIN CONSULTING – YOUR SPANISH PARTNER
PIC NUMBER: 949606624

Course:
“Smart Sport: Improving efficiency of sportsmen and sport educators. Social inclusion through sport”



Target group

Learners and staff in higher, vocational, school, and adult education with specialization in physical training and social work; youth workers and young people

By completing this course, you will be able on behalf of your organisation to:

- enhance your teaching and learning skills, with particular regard to their relevance to the labour market demands;
- take the opportunity to improve your professional qualifications;
- strengthen your foreign language competences (English);
- enhance intercultural awareness to increase employability;
- improve career prospects of course participants;
- acquire greater understanding and responsiveness to social, linguistic and cultural diversity;
- be able to apply practices for monitoring the sport project performance and ensure its implementation.

The course has a practical and participative focus in order to address the points which present the difficulties for learners and educators in the area of sports paying attention to the needs of the participants relevant to the professional area from the double perspective of their role as an (future) educators and promoters of social inclusion.

Course Structure	
MONDAY, DAY 1	<ul style="list-style-type: none"> Welcome, ice breaking, outline of the course, tools to be used, participants' expectations. Topic of the Day: Techniques of leadership in sport and tactics for increasing efficiency Case Study: International Football Academy, Salou (Tarragona province)
TUESDAY, DAY 2	<ul style="list-style-type: none"> Topic of the Day: Nutrition and Athletic Performance Case Study: Sports activities for children with economic problems in educational centres of Reus (Tarragona province)
WEDNESDAY, DAY 3	<ul style="list-style-type: none"> Topic of the Day: Peculiarities of sports activities for people with disabilities. Case Study: Sport Clubs of people with disabilities of Reus (Tarragona province)
THURSDAY, DAY 4	<ul style="list-style-type: none"> Topic of the Day: Want to reach better results in sport? – Train your brain. Case Study: Cultural diversity in youth sports teams of the Tarragona province
FRIDAY, DAY 5	<ul style="list-style-type: none"> Topic of the Day: Essentials of Healthy Lifestyle. Case Study: Awareness campaigns to promote a healthy lifestyle at secondary schools of the Tarragona province Training Evaluation
Expected Learning Outcomes of the training	
By the end of the training, the participants will:	<ul style="list-style-type: none"> have enriched their experience with good practice cases of increasing efficiency of sportsmen and sports educators; have improved their professional qualifications, strengthen their foreign language competences; have acquired greater understanding and responsiveness to social, linguistic and cultural diversity; have learnt strategies of using sport as a tool of social inclusion. have been able to apply practices for monitoring the sport project performance and ensure its implementation.

Sessions

1. 03.10.2016 – 07.10.2016

2. 29.05.2017 – 02.06.2017

Important Note

Face-to-face training takes place every day till around 2pm. However, after lunch learning and project work continues by the participants working in teams. This team work is an essential way of learning.

Pre-arrival activities, Impact evaluation and Follow up

Before their arrival, all the participants will be requested to complete a short evaluation questionnaire in relation to their competencies in the course topics. They will be requested to complete a similar questionnaire three months later to assess the impact of the skills acquired in the course (e.g. any feedback from their students, their colleagues or other partners or teachers that they have involved by applying the new practices they have acquired).

Our course trainers will act as mentors to all the participants in our course in order to support them in their new professional prospects in the area of training and education.

Course Venue and Accommodation

The course takes place in the city of Reus, Spain and we can help you with special accommodation arrangements at 2-4 star hotels for each participant to stay within the grant budget.

Reus is situated 100 kilometres from Barcelona, 10 kilometres from Tarragona with its stunning architecture recognized by UNESCO, and 9 kilometres from the Mediterranean coast Costa Dorada. Reus is known as the birthplace of architect Antonio Gaudi, a Modernist Route. It is close to the Theme Park Port Aventura.

Here, you can try traditional Spanish and Catalan food, good wine and vermouth (Vermut de Reus).

Reus international airport is popular with low cost airlines.



To start a registration, send an email to international@domspain.eu

